

BASIL "THE WITCH'S HERB"

PLANET: MARS. ELEMENT: FIRE.

MAGICAL PROPERTIES: Love and wealth. Creating harmony and cleansing energetic spaces. An ingredient in flying potions.

MEDICINAL PROPERTIES: A mild sedative. Soothes digestion, anxiety, and skin irritations.

BATH: A hot bath with basil leaves will strengthen your aura. Anoint your chakras with basil oil to balance your energy.

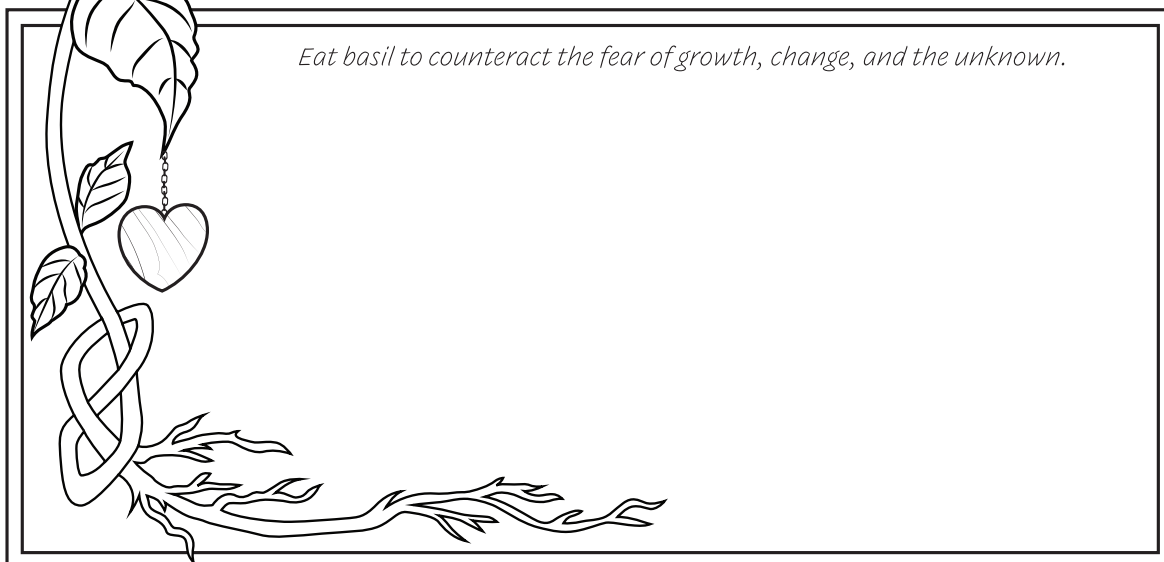
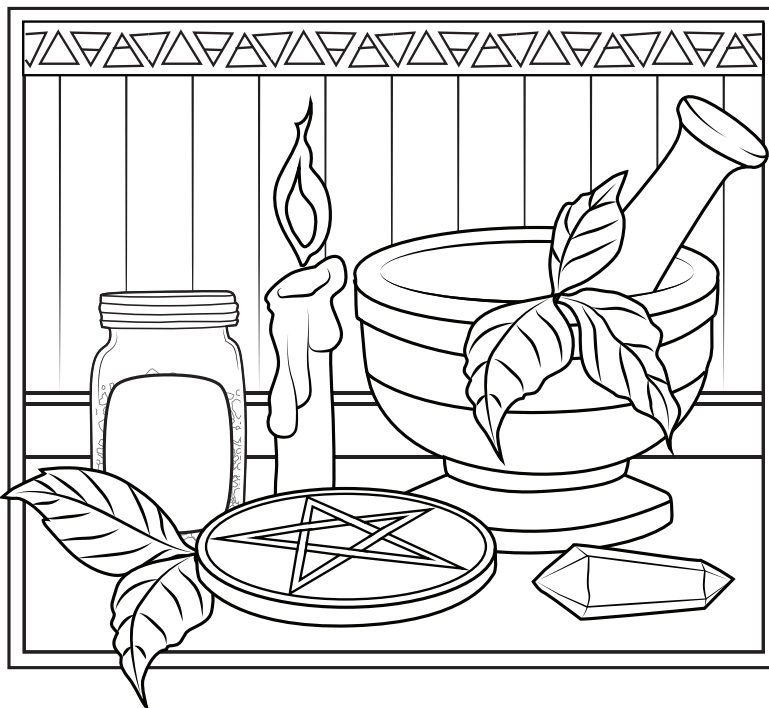
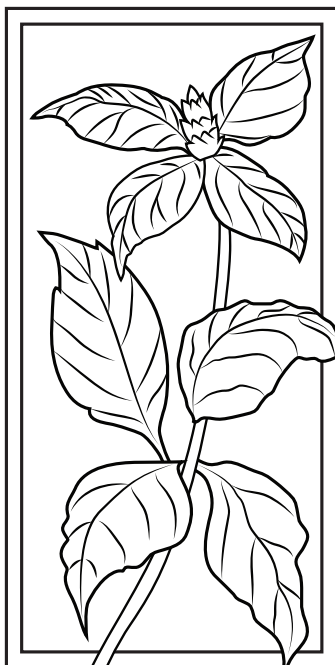
GARDEN: Grow basil for protection and

wealth. Harvest basil on the summer solstice to imbue it with magic.

HOME: Burn basil as incense or use in a floor wash to purify the energy of your space.

KITCHEN: Cook with basil to encourage peaceful relationships. De-stress with basil tea, pesto, or by sniffing fresh basil leaves.

SPELLCRAFT: For courage, carry a sachet of basil or rub basil oil on your shoes.



Eat basil to counteract the fear of growth, change, and the unknown.